



# Wellington Judo Association Growth Plan 2024 - 2027



# Grow Existing Clubs

Marketing will drive more people to want to try Judo. A big turn-off for prospective Judoka will be limited training times.

Additionally, some classes will already be full and the only way to include more members will be to run additional training sessions.

Clubs should consider putting on additional sessions. These could be run by the same teachers or could use new coaches.

- Increase the number of sessions offered by the club.





# Grow Coaches

All Green Belts should be put through coaching training. This should be seen as a part of their progression in Judo and provides one option for people to carry on in Judo, if they are not athletes and aiming at a competition career.

Having completed the training courses, the option of starting a Machi Dojo and teaching local area kids, should be made clear.

The mind-set of who can coach will need to change too. Judoka of a high standard need comprehensive coaching and will continue to need experienced coaches. However, a beginner needs the basics. An intermediate player needs to learn “how to train”. These are things a Green Belt can pass on.

- All Green Belts do approved JNZ coaching courses as part of their normal development.
- All qualified Green Belts being made aware of the option of starting a Machi Dojo.





# Grow Machi Dojo (sub-Dojos)

In this context, a Machi Dojo is a sub-Dojo of one of the already established Dojos. An instructor from the main club sets up and recruits for the Machi Dojo. Students of the Machi Dojo will be registered to the main Dojo. The Machi Dojo is administered by the Main Dojo. All students are registered to the Main Dojo.

The Area Website will have the documents required to start a Machi Dojo and the Area Director will be responsible for completing them.

A Machi Dojo can be in any flat, dedicated space. A double car garage or a big enough shed. Provided the area can be made safe and has a minimum of facilities, we can support their establishment.

The Area will source cheap mats for the establishment of the Machi Dojo. This may mean seeking old mats from several clubs to make tatami area or using different types of mats. These will be paid for and owned by the Main Dojo. When the Machi-Dojo closes these return to the Main Dojo as their asset.

- The Area helps with establishment and sustainment.
- The Area helps source and purchase mats.



# Grow New Dojos

Senior Instructors who wish to establish a new Dojo need to be supported.

The Area Website will have the documents required to start a Dojo and the Area Director will be responsible for completing them.

The Area will source cheap mats for the establishment of the Dojo. This may mean seeking old mats from several clubs to make tatami area or using different types of mat. These will be paid for and owned by the Dojo.

The Area could consider paying the establishment fees for the first year of the new Dojo.

- The Area helps with establishment and sustainment
- The Area helps source and purchase mats

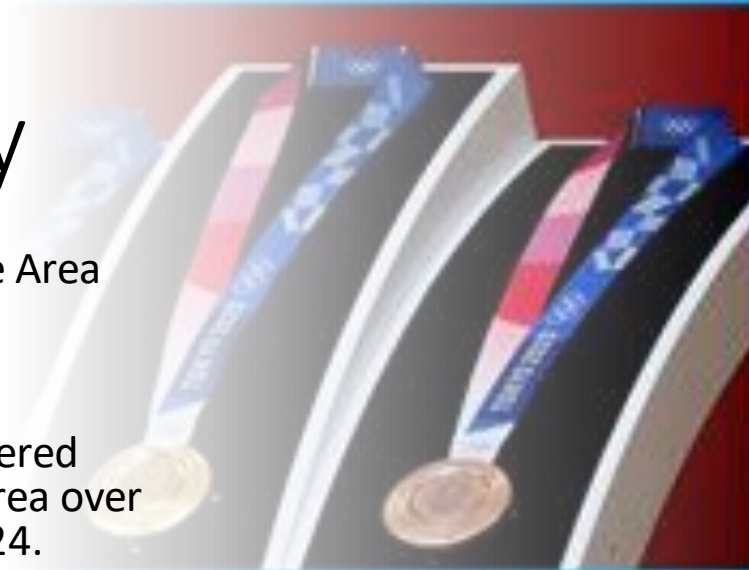


# Measuring Success is Easy

A metrics page will be put on the Area Website.

It will measure:

- The number of people registered with JNZ in the Wellington Area over time. Starting in January 2024.
- How many Machi Dojo have been established.
- How many Dojo have been established.
- Success will be 7 Machi Dojo or new Dojo established in total. Doubling the places people in the Wellington region can go to train.
- Success will be double the number of people



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Flag	Gold	Silver	Bronze	Total
	13	8	1	22
	8	4	4	16
	6	5	11	22
	4	2	11	17

#	NOC	G	S	B	T
1	United States	43	30	41	114
2	China	38	23	24	85
3	Russian Olympic Committee	23	24	26	73
4	Japan	34	16	9	59
5	Netherlands	16	16	14	46
6	France	9	15	19	41
7	Australia	12	13	15	40
8	Great Britain	11	12	13	36
9	Germany	11	11	12	34
10	Italy	8	10	15	33



# The Rules we need to follow

1. Grow Coaches following the JNZ rules. Assistant Club Coach will be sufficient to run a Machi Dojo. See Appendix 1 and 2
2. JNZ Coaches Code of Ethics. Appendix 3.
3. Health and Safety matters to us and the people using our services. Judo specific First Aid. Appendix 4.
4. We need to keep registers of players. We need to make an App which can be kept on people's phones to make this easy to follow.
5. **We need to be strict about not allowing non-registered people to learn Judo.**





# Appendices

1. Elements of JNZ Coaches Qualification Level 1
2. Elements of JNZ Coaches Qualification Level 2
3. [Judo Specific First Aid Module \(Login to JNZ to access\)](#)
4. [JNZ Coaches Code of Ethics. \(Login to JNZ to access\)](#)
5. JNZ Constitution Definition of a Club



# Elements of JNZ Club Coach Qualification L1



## ELEMENTS OF JNZ LEVEL 1 ASSISTANT CLUB COACH QUALIFICATION



PHASE	ELEMENT	ACHIEVED	WHERE / HOW
IN TRAINING	Complete (and register) on-line modules <ul style="list-style-type: none"> <li>☛ Safety Net</li> <li>☛ Coaches Starter Pack</li> </ul>		JNZ website homepage <i>NB: (Not a formal requirement of the qualification, but strongly recommended as a resource prior to attending L1 workshop)</i>
	Complete ACC Core "How To" Modules; <ul style="list-style-type: none"> <li>☛ Session Planning</li> <li>☛ Principles of Learning</li> <li>☛ Getting The Message Across</li> <li>☛ Command &amp; Control</li> </ul>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Apply for attendance at scheduled ACC Workshop via your Club Administrator. If no scheduled courses, contact Area to request a course.  Scheduled courses advertised on JNZ Calendar once requested by Area.
	Complete "What To" Modules = Technical Skills Workshop (1); <ul style="list-style-type: none"> <li>☛ 6th-4th Kyu Teaching and Grading Syllabus</li> </ul>	<input type="checkbox"/>	Apply for attendance at scheduled TSW (1) via your Club Administrator. Scheduled courses on JNZ Calendar, or request Area to hold a course.
<b>TRAINED</b>			
"Show What You Know"	Complete & submit Asst Coaching Log	<input type="checkbox"/>	Log provided in course manual upon completion of core "How To" modules.
	Practical Assessment (prepared session plan)	<input type="checkbox"/>	There are a number of options to complete the Practical Assessment. Once you are ready, contact JNZ Club Support to organise assessment.
CERTIFIED	Complete "Coaches Code of Ethics"	<input type="checkbox"/>	Contained in on-line modules, or on JNZ Website in Documents section, under "Club Resources"
	Satisfactory completion of all of above <ul style="list-style-type: none"> <li>☛ 3rd Kyu minimum</li> <li>☛ 16 years of age minimum</li> </ul>	<input type="checkbox"/> <input type="checkbox"/>	JNZ will record your successful completion of the program and issue your Level 1 ACC Certificate once all requirements have been met.

# Elements of JNZ Club Coach Qualification L2



## ELEMENTS OF JNZ LEVEL 2 CLUB COACH QUALIFICATION



PHASE	ELEMENT	ACHIEVED	WHERE / HOW
IN TRAINING	Complete CC Core "How To" Modules; <ul style="list-style-type: none"> <li>⚔ Safe Judo</li> <li>⚔ Season Planning</li> <li>⚔ Skills Analysis</li> <li>⚔ Mentoring</li> <li>⚔ Behaviour Management</li> <li>⚔ Grading and Assessment</li> </ul>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Apply for attendance at scheduled L2 CC Workshop via your Club Administrator. Scheduled courses on JNZ Calendar, or request Area to hold a course.
	Complete recognised First Aid course	<input type="checkbox"/>	Send evidence of completion to Club Support Commission
	Complete "What To" Modules; Technical Skills Workshop (2); <ul style="list-style-type: none"> <li>⚔ 3<sup>rd</sup> Kyu – 1st Dan Teaching and Grading Syllabus</li> <li>⚔ Nage-no-Kata (Kata Training Seminar or alternative approved pathway)</li> </ul>	<input type="checkbox"/> <input type="checkbox"/>	Apply for attendance at scheduled TSW (2) via your Club Administrator. Apply for attendance at scheduled KTS (Nage-no-Kata) via Club Administrator (or achieve the required pass mark as Tori at NTEW, JNZ sanctioned Kata competition, or Shodan grading) Scheduled courses on JNZ Calendar, or request Area to hold a course if none scheduled in your Area.
<b>TRAINED</b>			
CERTIFIED	Complete "Coaches Code of Ethics"	<input type="checkbox"/>	Contained in on-line modules, or on JNZ Website in Documents section, under "Club Resources"
	Satisfactory completion of all of above, plus; Level 1 (Assistant Club Coach) certified <ul style="list-style-type: none"> <li>⚔ 1st Kyu minimum</li> <li>⚔ 18 years of age minimum</li> </ul>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	JNZ will record your successful completion of the program and issue your L2 CC Certificate once all requirements have been met.



# JNZ Constitution Definition of a Club

## **2.4 Clubs**

### **1. Obligations:**

Each club shall:

- A. Operate within the defined boundaries of the Area to which they are associated.
- B. Act autonomously but co-operatively with the other clubs in the Area in pursuit of the objects of Judo NZ and the objects of the Area Association and in compliance and consistent with this Constitution and the Bylaws, Codes, Appendices, Policies and Procedures;
- C. Be known by such name as approved by their Area Association.
- D. Have as its members, individual members that remain or become members of Judo NZ and any other members it considers appropriate provided that such membership is consistent with and permitted by this Constitution and the Bylaws, Codes, Appendices, Policies and Procedures. At least one of these financial members must be an active coach qualified in accordance with the By-laws;
- E. Send details and affiliation fees by the date set in the Bylaws to the Registrar and promptly advise any subsequent changes to their club details.
- F. Act in good faith with Judo NZ, the Area Association, and other clubs within the Area to ensure the maintenance and enhancement of Judo NZ, its standards, quality and reputation for the collective and mutual benefit of its members and Judo in New Zealand;
- G. Not permit to be done any act or thing that might adversely affect or derogate from the standards, quality and reputation of Judo NZ and/or Judo in New Zealand;

There are no rules preventing the establishment of Machi-Dojo associated with a main Dojo at this time.